Vascular Neoplasms and Related Lesions of Kidney

Michelle S. Lin, Jae Y. Ro

Abstract
Vascular tumors arising in the kidney are distinctly uncommon occurrences and have not been well-characterized in the literature; most cases have been documented in single reports or small case series. These tumors often exhibit nonspecific clinical and radiologic features and may mimic malignant epithelial tumors such as renal cell carcinoma (RCC) on imaging studies, necessitating nephrectomy with pathologic examination for definitive diagnosis. In addition, since primary renal vascular tumors are rare and infrequently encountered in surgical pathology specimens, they are often not considered in the differential diagnosis and therefore may be systematically under-diagnosed. In this review, we discuss the clinical and morphologic features of benign, borderline, and malignant vascular neoplasms and related lesions arising in the kidney, with a focus on recent, clinically relevant advances in imaging, histopathologic diagnosis, and treatment.

Key words Vascular tumors; Hemangioma; Anastomosing hemangioma; Angiosarcoma; Kidney
Introduction

Vascular tumors of the kidney are relatively rare, and their clinicopathologic characteristics have not been well delineated. Due to their uncommonness, as well as their nonspecific clinical presentation and imaging findings often leading to the impression of more common malignant epithelial tumors such as renal cell carcinoma (RCC), diagnosis can pose a challenge for radiologists and pathologists alike. In addition, the description by Montgomery and Epstein in 2009 of anastomosing hemangioma, a benign vascular neoplasm arising most often in the kidney and showing overlapping features with angiosarcoma, has added further difficulties in the histopathologic differential diagnosis of renal vascular tumors [1]. In this review, we discuss the clinical, radiographic, and histopathologic features of a wide range of vascular neoplasms that arise from the kidney (Table 1), including benign tumors (hemangioma and anastomosing hemangioma), borderline tumors (epithelioid and other hemangioendotheliomas), malignant tumors (angiosarcoma), tumor-like lesions (arteriovenous malformation, lymphangioma, and intravascular papillary endothelial hyperplasia), and various other vascular-related tumors (hemangioblastoma, juxtaglomerular cell tumor, glomus tumor, and myopericytoma).

Benign Vascular Tumors of the Kidney

Hemangioma

Hemangiomas are the most common vascular neoplasms of the kidney, with over 200 cases documented in the literature to date [2]. While its incidence in the kidney is still extremely low as compared to epithelial tumors, the kidney is the second most common location of visceral-based hemangiomas, following the liver [3]. These tumors are most often diagnosed in young to middle-aged adults, particularly those in the age group of 30-40 years; no particular sex predilection has been observed [3, 4]. Many renal hemangiomas do not produce any symptoms and are only detected incidentally during workup for unrelated conditions; the most commonly reported symptoms are hematuria and abdominal or flank pain [2, 4]. Occasionally, renal hemangiomas are seen in the context of end-stage renal disease, polycythemia, or hypertension [5-9]. Rare cases arising in the vicinity of RCCs have been reported, as well as cases with syndromic associations such as Klippel-Trenaunay and Sturge-Weber disease [8, 10-14].

Most hemangiomas are small lesions measuring less than 1-2 cm, but lesions up to 30 cm have been reported [15, 16]. They are most frequently located within the renal pelvis or medulla, particularly the tip of the papilla [17]. Imaging characteristics are nonspecific, with ultrasound studies showing variably echogenic masses and computed tomography (CT) typically demonstrating hypodense or isodense masses with widely differing degrees of contrast enhancement, ranging from no enhancement, to irregular enhancement, to intense enhancement persisting to the venous phase [4, 11, 17-19]. Some cases have demonstrated central anechoic areas on ultrasound or central hypo-attenuation on CT, corresponding to blood-filled spaces in the center of the lesion [5, 18]. Magnetic resonance imaging (MRI) generally shows hypointensity on T1-weighted images and marked hyperintensity on T2-weighted images [4, 17]. Overall, the radiologic features are often indistinguishable from malignancies such as RCC and urothelial carcinoma (which also typically presents in the renal pelvis) [18, 20]. Some studies have suggested that renal hemangiomas possess similar imaging findings to their hepatic counterparts (especially on dynamic phase CT and MR imaging) which may assist in their recognition as vascular neoplasms, but others have observed less avid enhancement compared to hemangiomas in the liver, perhaps secondary to prior intratumoral hemorrhage [17, 21].

Grossly, hemangiomas appear as well-demarcated, unencapsulated hemorrhagic masses with a spongy tan-red cut surface [15]. Microscopically, hemangiomas may be of the cavernous or capillary subtype, with the cavernous subtype more frequently encountered [2, 4]. Cavernous hemangiomas are characterized by dilated vascular channels containing erythrocytes, while capillary hemangiomas show a proliferation of capillary-sized blood vessels separated by scant connective tissue stroma [2, 9, 22]. Interestingly, unlike capillary hemangiomas arising in the skin and soft tissue, a distinct lobular architectural growth pattern is not seen in renal capillary hemangiomas [2]. In both subtypes, the vascular spaces are lined by flattened, bland endothelial cells without evidence of nuclear atypia or mitosis [9, 15]. On immunohistochemistry, the cells show reactivity for vascular markers, including CD34, CD31, FVIII, ERG, and FLI-1.

The histopathologic differential diagnosis of renal hemangioma includes conventional clear cell RCC (ccRCC), which is often the working clinical and radiologic diagnosis. While ccRCC typically shows very distinctive morphology, infrequently, cases with degenerative changes may show attenuation of the epithelial component and subsequent accentuation of the rich vascular network, leading to a resemblance to hemangioma [15, 23]. In addition, a new subtype of RCC termed “hemangioma-like RCC” has recently been described and should also be considered in the differential diagnosis [23-25]. Immunohistochemical analysis using cytokeratins, PAX8, CD10, and CAIX should resolve the distinction between RCC and hemangioma. Other neoplasms that should be ruled out include angiosarcoma (which typically shows increased cytotypic atypia, mitotic activity, and necrosis), anastomosing hemangioma (which usually displays lobular growth of sinusoidal vascular spaces with prominent intervening stroma), and angiomyolipoma (especially as entrapped adipocytes may be seen in hemangiomas, producing an angiomyolipoma-like appearance; immunohistochemistry with melanocytic markers usually easily distinguishes these two entities) [12, 15].

The approach to management of renal hemangiomas depends on several clinical factors, including the size and location of the tumor, the patient’s symptoms, and the ability to render a conclusive pre-operative diagnosis (which sometimes can be done by visualizing the lesion via transurethral reteroscopy) [4, 22, 26]. If a pre-operative diagnosis of hemangioma can be confirmed, then observation is acceptable for asymptomatic patients, and endoscopic ablation can be performed for symptomatic patients with accessible lesions near the renal pelvis [2, 26-27]. Surgical resection is performed for patients with significant symptoms (such as hemorrhage or spontaneous rupture) or with presentation and radiologic findings suggestive of malignancy [2, 18]. Nephron-sparing partial nephrectomy can be performed for small hemangiomas, while total nephrectomy may be required for larger hemangiomas [27, 28].

Anastomosing Hemangioma

Anastomosing hemangioma (AH) is a distinctive variant of hemangioma, first described by Montgomery and Epstein in 2009; it is characterized by sinusoidal anastomosing architecture and thus may mimic a low-grade angiosarcoma [1, 29]. To date, over 60 cases of AH in the kidney have been reported, as well as a similar number of extrarenal cases arising from a wide variety of sites including the testis, ovary, adrenal gland, liver, colon, small bowel, soft tissue, bone, and breast [30, 31]. The median age of occurrence is 49 years for AH arising from the kidney and 65 years for AH arising from extra-renal sites [32]. They are generally small tumors (mean 1.5 cm) located within the renal...

Table 1: Characteristics of Benign Vascular Tumors of the Kidney

<table>
<thead>
<tr>
<th>Tumor Type</th>
<th>Clinical Features</th>
<th>Imaging Features</th>
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<tbody>
<tr>
<td>Hemangioma</td>
<td>Most common vascular neoplasm of the kidney</td>
<td>Hypodense or isodense masses</td>
</tr>
<tr>
<td></td>
<td>Occasionally, small lesions (mean 1.5 cm)</td>
<td>Hypointensity on T1-weighted images</td>
</tr>
<tr>
<td>Anastomosing Hemangioma</td>
<td>Most common variant of hemangioma</td>
<td>Marked hyperintensity on T2-weighted images</td>
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<td></td>
<td>Occasional grossly well-demarcated, unencapsulated</td>
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parenchyma, most frequently the medulla [32]. In the majority of cases, AH produces no symptoms and is incidentally detected, but symptomatic cases have reported hematuria, back pain, and lower urinary tract symptoms [29, 30]. Studies have found that approximately two-thirds of renal AH are associated with end-stage renal disease (ESRD); these tumors tend to be smaller, are more often multifocal, and arise in younger patients [30, 32-35]. In addition, 23% of renal AH are seen in conjunction with a different renal neoplasm, including ccRCC, papillary RCC, and metanephric adenoma; in many cases detection of these tumors led to the incidental discovery of AH [32, 34].

The radiologic features of AH are nonspecific and may be virtually impossible to distinguish from malignant tumors of the kidney, including RCC and angiosarcoma [20, 30, 33]. Ultrasonography demonstrates variably echogenic lesions, while CT generally shows lobulated, hypodense to isodense solid masses with progressive heterogeneous contrast enhancement persisting to the venous phase [20, 29, 36, 37]. Some cases demonstrate avid peripheral nodular enhancement highly suggestive of RCC [20]. Features of AH on MRI are not well-established, but some studies report hyperintensity on T2-weighted images with variable enhancement [38]. Overall, as the radiologic appearance may mimic malignancies, particularly hypervascular RCC, preoperative diagnosis of AH may not be possible on imaging. This consideration may carry significant implications, especially for ESRD patients awaiting a renal transplant for whom active malignancy is a contraindication to transplant [20, 33].

On gross examination, AH typically appears as a well-demarcated but unencapsulated mass with a tan-mahogany, hemorrhagic, and spongy cut surface [34]. Microscopically, AH may display a diffuse or vaguely lobulated mass and is composed of a proliferation of capillary-sized anastomosing vascular channels that may bear a superficial resemblance to splenic sinusoids [1, 29]. The vascular spaces are lined by bland, uniform endothelial cells, sometimes with a focal hobnail appearance, and are set within an abundant hyalinized stroma [1, 29, 30]. Intravascular fibrin thrombi are frequently seen, as are foci of extramedullary hematopoiesis (more commonly encountered in cases of AH associated with ESRD) and PAS-positive eosinophilic hyaline globules which resemble those seen in Kaposi’s sarcoma [1, 30, 32]. Immunohistochemical studies show reactivity to vascular markers and a low Ki-67 proliferation index, as well as negativity for GLUT-1 (a marker for capillary hemangioma), CD8 (a marker for splenic sinusoids), and D2-40 [2, 30]. A recent study of AH has revealed recurrent GNAQ mutations, which have also been found in other benign vascular tumors such as capillary hemangiomas but not in angiosarcomas [30, 39].

The most important entity to exclude in the differential diagnosis

Figure 1. (A) Cavernous hemangioma exhibiting a thick-walled dilated vascular channels containing erythrocytes; (B) anastomosing hemangioma composed of anastomosing vascular spaces lined by bland, focally hobnailed endothelial cells; (C) epithelioid hemangioendothelioma demonstrating epithelioid cells with intracytoplasmic lumina within a sclerotic stroma; and (D) angiosarcoma showing irregularly interanastomosing vascular channels lined by pleomorphic, focally stratified endothelial cells. Scale bar: (a)=500 μm, (b)=250 μm, (c)=100 μm, (d)=250 μm.
is a low-grade angiosarcoma, which also shows prominent anastomosing architecture. In contrast to AH, angiosarcomas are typically larger lesions which display broadly infiltrative growth, multilayering or tufting of the endothelium, and variable degrees of necrosis, cytologic atypia, and mitotic activity [30, 33]. Masson tumor (intravascular papillary endothelial hyperplasia) may display complex papillary architecture which may fuse and resemble anastomosing channels, but the predominantly intravascular growth and the distinctive morphology of hyalinized papillary cores lined by hyperplastic endothelial cells can help facilitate its distinction from AH [30, 36]. Finally, as with conventional hemangioma, entities such as vascular-predominant angiomyolipoma and ccRCC with degenerative changes of the neoplastic cells (thus leaving behind the complex vascular network) should also be considered and excluded during the diagnostic workup [29, 30, 33].

AH in the kidney has an excellent overall prognosis, with no reports of local recurrence or metastasis to date [30]. Most patients are treated with nephrectomy due to suspicion for malignancy on clinical and radiologic workup. However, it is possible that better characterization of specific features of AH on imaging in combination with increased utilization of core needle biopsies may spare patients unnecessary nephrectomies and the accompanying morbidities in the future [20, 30].

Borderline Vascular Tumors of Kidney

Epithelioid Hemangioendothelioma

Epithelioid hemangioendothelioma (EHE) is a vascular tumor with generally intermediate biologic behavior but notably harboring the potential to metastasize [40]. While EHE can occur at a variety of locations (most commonly soft tissue, lung, and liver), primary EHE arising from the kidney is exceedingly rare with only five cases reported in the literature to date [41-45]. The median age of occurrence is 53 years and no particular sex predilection has been observed. Patients may present with incidentally detected lesions, hematuria, or abdominal pain. Most reported cases are under 4 cm in size (median size 3.8 cm), but one case with a large 14-cm lesion has been documented [43].

The radiologic features of primary renal EHE have not been well-characterized due to the paucity of reported cases. Single-case studies have demonstrated hypoechogenicity on ultrasound examination and solid lesions lacking significant enhancement on CT imaging [43, 45]. On MRI, Xiao et al. reported heterogeneous intensity on T1-weighted images with diminished intensity on T2-weighted images and heterogeneous, persistent enhancement with contrast administration [44]. Overall, the clinical and radiologic findings are nonspecific and preclude definitive pre-operative diagnosis.

On gross examination, EHE is a well-demarcated, variably nodular or lobulated tumor with a firm gray-red to gray-white cut surface [41, 44]. Microscopically, a proliferation of epithelioid cells forming cords, nests, and slit-like spaces within a characteristically abundant sclerotic or myxohyaline stroma is seen [46]. The cells occasionally display intracytoplasmic lumina containing erythrocytes. In most cases no necrosis or mitosis is seen; one case of metastatic EHE did show extensive areas of necrosis and numerous mitoses [43, 46]. Immunohistochemically, the cells of EHE generally stain positively for vascular markers and negatively for epithelial markers; some cases show reactivity for smooth muscle actin (SMA) as well [41, 43].

Due to its epithelioid morphology, EHE can present a diagnostic dilemma, especially in unusual sites such as the kidney. The differential diagnosis is wide and includes metastatic carcinoma and melanoma, which usually can be resolved with immunohistochemical staining (however, focal cytokeratin positivity is not uncommonly seen in soft tissue EHE and is a pitfall to making this diagnosis) [45]. Epithelioid angiosarcoma may also be considered in the differential; it can be distinguished from EHE by the presence of poorly formed anastomosing vascular spaces, as well as necrosis and increased mitotic activity [45]. Finally, epithelioid angiomylipoma may also demonstrate a superficial resemblance to EHE, but it typically displays alveolar or sheet-like growth with nests of cells separated by vascular septa, and also characteristically shows strong positivity for melanocytic markers such as HMB-45 and Melan-A [45].

The prognosis and standard treatment of primary renal EHE is unclear due to the scarcity of documented cases. Most cases were treated with partial or total nephrectomy and had no evidence of disease with up to 6 months follow-up. One case reported metastasis to the liver, paracaval lymph nodes, and mesocolon shortly following surgical resection [43]. The patient was treated successfully using sunitinib (a receptor tyrosine kinase with anti-angiogenic activity), with no progression of disease 33 months post-operatively. As the disease-related mortality of EHE varies tremendously based on the primary site – from 13% in soft tissue to 35% in the liver and 65% in the lung – more experience with
EHE arising from the kidney is needed to better characterize its overall behavior and clinical course [46].

Other Hemangioendotheliomas

In addition to the five cases of EHE discussed above, one case of kaposiform hemangioendothelioma (KHE) and one case of composite hemangioendothelioma (CHE) occurring in the kidney have also been reported in the literature [47, 48]. KHE is considered a borderline vascular tumor which may be locally aggressive but typically does not metastasize. It usually occurs during early childhood in cutaneous or retroperitoneal sites and may be associated with the Kasabach-Merritt phenomenon [47]. The single case of KHE arising in the kidney was described in a 4-year-old female who presented with hematuria and was found to have a 13-cm mass in the left kidney with extension to the inferior vena cava as well as involvement of the right atrium and lymph nodes [47]. The mass was initially thought to represent Wilms’ tumor but showed little response to chemotherapy, so radical nephrectomy was subsequently performed. Histopathologic examination showed capillary hemangioma-like areas and Kaposi sarcoma-like areas containing fascicles and glomeruloid structures composed of spindle endothelial cells; numerous mitoses with atypical mitotic figures were also present. The patient was treated with interferon-alpha-2b (an anti-angiogenic factor) and was free of disease with eight years post-operative follow-up [47].

CHE is a recently described borderline vascular neoplasm which exhibits varying components of different benign, intermediate, and malignant vascular tumors [48]. It is exceedingly rare, with less than 40 cases reported in the literature, mainly in the cutaneous extremities [48]. Zhang et al. describe a case of CHE arising from the kidney in a 32-year-old female who presented with an enlarging 2.6-cm mass in the right kidney [48]. A percutaneous needle biopsy was initially performed and the findings were interpreted as “atypical vascular neoplasm.” Microscopic exam of the subsequent total nephrectomy specimen showed an infiltrative lesion with an admixture of different histologic patterns including areas resembling angiosarcoma, EHE, and spindle cell hemangioma. No adjuvant treatment was administered and the patient remained free of disease 11 months post-operatively. Notably, CHE does possess the ability to metastasize, but no deaths from disease have been documented to date [48].

Malignant Vascular Tumors of the Kidney

Angiosarcoma

Angiosarcoma is a malignant vascular neoplasm which may occur in any location of the body, including the skin, soft tissue, breast, bone and visceral organs including the liver. Primary renal angiosarcoma is very rare, with about 70 cases described in the literature to date [49-57]. The most common sites of metastasis were lung and liver, but reports of metastasis to the bone, soft tissue, peritoneum, spleen, and lymph nodes have also been documented [49]. Important prognostic factors include the presence of metastatic disease at presentation and tumor size, with patients whose tumors were less than 5 cm generally demonstrating a higher survival rate [52, 57]. The management of renal angiosarcoma is controversial and not well-established; most patients were treated with radical nephrectomy followed by varying combinations of radiation and chemotherapy [51]. One recent study describes a case treated with neoadjuvant chemoradiation with excellent response, demonstrating potential for this therapeutic approach in future cases [56]. While targeted treatment with anti-angiogenic factors has been utilized with some success in non-renal angiosarcomas, two cases of renal angiosarcoma treated with recombinant interleukin-2 and bevacizumab ultimately resulted in death from disease [49, 58]. Nevertheless, experience remains limited and the role of adjuvant therapies in the treatment of renal angiosarcoma remains to be further elucidated.

Vascular Tumor-Like Lesions of the Kidney

CT imaging demonstrates a hypodense mass with varying levels of contrast enhancement ranging from none, to heterogeneous, to intense peripheral, to diffuse enhancement [53, 54, 58, 59]. Central areas of necrosis or hemorrhage may be detected [55]. MRI studies have shown intermediate to high signal intensity on T1-weighted images, and some cases show alternating areas of high and low signal intensity on T2-weighted images, creating a striated pattern corresponding to alternating necrotic and solid areas of the tumor [59]. Some reports have also shown signal voids in the periphery on T2-weighted images, corresponding to the neoplastic vascular channels [54].

Grossly, renal angiosarcoma presents as a poorly demarcated hemorrhagic mass with a dark-red, spongy cut surface and variable amounts of necrosis [51]. On histopathologic exam, the architecture can range from well-formed anastomosing vascular channels to solid sheets of epithelioid or spindled cells lacking or with only subtle areas of vasoformation [47]. The neoplastic endothelial cells show areas of multilayering, intraluminal budding and tufting, as well as increased cytologic atypia and mitotic activity [49]. Generally, a diffusely infiltrative growth pattern is seen, with some cases displaying invasion of the perinephric adipose tissue [49]. On immunohistochemistry, the neoplastic cells should show positivity for at least one endothelial marker (CD34, CD31, ERG, FLI-1) and be negative for epithelial markers; however, cases of epithelioid angiosarcoma have been shown to stain positively for keratins [2, 49, 55]. The Ki-67 proliferative index is usually very high, ranging from 30% to over 80% [51].

The differential diagnosis of renal angiosarcoma includes metastatic angiosarcoma from another site, which occurs more commonly than primary renal angiosarcoma [15]. Knowledge of clinical history, as well as imaging features demonstrating a large renal mass with multiple smaller lesions in the liver or lung (favoring a primary renal lesion), can help to determine the site of origin [2, 49]. Anastomosing hemangioma is another important differential diagnostic consideration as it histologically mimics angiosarcoma; however it is typically smaller and lacks the diffuse infiltration, multilayering endothelium, coagulative necrosis, cytologic atypia, and increased mitotic activity seen in angiosarcoma [15, 49]. Finally, sarcomatoid RCC may resemble a poorly differentiated angiosarcoma and thus should be ruled out using immunostains for keratins, PAX8, CD10, and CAIX [2, 49].

The prognosis of primary renal angiosarcoma is grim, with metastases developing in nearly all patients and death from disease in the majority of cases at a mean of 7 months [49]. The most common sites of metastasis were lung and liver, but reports of metastasis to the bone, soft tissue, peritoneum, spleen, and lymph nodes have also been documented [49]. Important prognostic factors include the presence of metastatic disease at presentation and tumor size, with patients whose tumors were less than 5 cm generally demonstrating a higher survival rate [52, 57]. The management of renal angiosarcoma is controversial and not well-established; most patients were treated with radical nephrectomy followed by varying combinations of radiation and chemotherapy [51]. One recent study describes a case treated with neoadjuvant chemoradiation with excellent response, demonstrating potential for this therapeutic approach in future cases [56]. While targeted treatment with anti-angiogenic factors has been utilized with some success in non-renal angiosarcomas, two cases of renal angiosarcoma treated with recombinant interleukin-2 and bevacizumab ultimately resulted in death from disease [49, 58]. Nevertheless, experience remains limited and the role of adjuvant therapies in the treatment of renal angiosarcoma remains to be further elucidated.
Table 1. Summary of vascular lesions of kidney.

<table>
<thead>
<tr>
<th>Clinical Features</th>
<th>Radiologic Features</th>
<th>Histologic Features</th>
<th>Prognosis/Treatment</th>
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<tbody>
<tr>
<td><strong>Benign vascular tumors</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age: peak 30-40 years</td>
<td>US: variably echogenic</td>
<td>Cavernous: composed of dilated vascular channels</td>
<td>Observation (if asymptomatic)</td>
</tr>
<tr>
<td>Size: most &lt; 1-2 cm</td>
<td>CT: hypodense to isodense, variable enhancement</td>
<td>Capillary: composed of capillary-sized channels</td>
<td>Endoscopic ablation, surgical resection</td>
</tr>
<tr>
<td>Location: tip of papilla most common</td>
<td>MRI: T1 hypointense, T2 hyperintense</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Hemangioma</strong></td>
<td>US: variably echogenic</td>
<td>Anastomosing capillary-sized vascular channels lined by hobnailed cells</td>
<td>Prognosis: excellent</td>
</tr>
<tr>
<td>Age: median 49 years</td>
<td>CT: hypodense to isodense, heterogeneous enhancement</td>
<td>Fibrin thrombi, EMH, hyaline globules may be seen</td>
<td>Treatment: nephrectomy (due to pre-operative suspicion for malignancy)</td>
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<tr>
<td>Size: mean 1.5 cm</td>
<td>MRI: T2 hyperintense</td>
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<tr>
<td>Associations: ESRD</td>
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<tr>
<td><strong>Borderline and malignant vascular tumors</strong></td>
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<td></td>
</tr>
<tr>
<td>Age: median 53 years</td>
<td>US: solid hypoechoic</td>
<td>Architecture ranges from well-formed sinusoidal vascular channels to solid sheets of cells</td>
<td>Prognosis: not established, has potential to metastasize</td>
</tr>
<tr>
<td>Size: median 3.8 cm</td>
<td>CT: no significant enhancement</td>
<td>Varying amounts of multilayering, cytologic atypia, mitoses, necrosis</td>
<td>Treatment: nephrectomy</td>
</tr>
<tr>
<td><strong>Epithelioid hemangioendothelioma</strong></td>
<td>MRI: heterogeneous T1, hypointense T2, heterogeneous enhancement</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Angiosarcoma</strong></td>
<td>US: solid hypoechoic mass</td>
<td>Cords/nests of epithelioid cells in myxohyaline stroma</td>
<td>Prognosis: poor, mean survival 7 months</td>
</tr>
<tr>
<td>Age: 6th-7th decades</td>
<td>CT: hypodense, variable enhancement</td>
<td>Intracytoplasmic lumina containing RBCs may be seen</td>
<td>Treatment: nephrectomy with adjuvant chemo/radiation (not well-established)</td>
</tr>
<tr>
<td>Sex: M:F of 7:1</td>
<td>MRI: intermediate to hyperintense T1, “striated” T2 signal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Size: mean 13 cm</td>
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<tr>
<td><strong>Vascular tumor-like lesions</strong></td>
<td></td>
<td></td>
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<tr>
<td><strong>Arteriovenous malformation</strong></td>
<td>US: hypoechoic cystic structures, high-velocity flow on Doppler</td>
<td>Collection of tortuous thick and thin-walled vessels</td>
<td>Embolization preferred treatment</td>
</tr>
<tr>
<td>Age: 3rd-4th decades</td>
<td>CT: masses of vascular density</td>
<td></td>
<td>Surgical resection if embolization not able to be performed</td>
</tr>
<tr>
<td>Presentation: may lead to HTN, HF</td>
<td>MRI: T2 signal voids, early enhancement</td>
<td></td>
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</tr>
<tr>
<td><strong>Lymphangioma</strong></td>
<td></td>
<td>Aggregation of thin-walled cystic spaces lined by endothelial cells</td>
<td>Observation (if asymptomatic)</td>
</tr>
<tr>
<td>Age: diagnosed during childhood or over age 40</td>
<td>US: hypoechoic cystic lesion</td>
<td>Positive for lymphatic markers (D2-40)</td>
<td>Aspiration, marsupialization, sclerotherapy, nephrectomy</td>
</tr>
<tr>
<td>Location: peripelvic region or renal sinus, may be bilateral</td>
<td>CT: hypodense, possible peripheral enhancement</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Intravascular papillary endothelial hyperplasia</strong></td>
<td>MRI: T1 hypointense, T2 hyperintense</td>
<td>Intravascular papillary proliferation Papillae have hyalinized fibrous cores and are lined by bland endothelial cells</td>
<td>Prognosis: excellent</td>
</tr>
<tr>
<td>Age: mean 49 years</td>
<td>US: variably echogenic</td>
<td></td>
<td>Treatment: nephrectomy due to pre-operative suspicion of malignancy</td>
</tr>
<tr>
<td>Sex: M:F of 3.3:1</td>
<td>CT: isodense, intense peripheral enhancement</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Size: mean 3 cm</td>
<td>MRI: T1 hypointense, T2 hyperintense</td>
<td></td>
<td></td>
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<tr>
<td>Location: mid-portion or hilar region</td>
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<tr>
<td><strong>Other vascular-related tumors</strong></td>
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Arteriovenous Malformation

Arteriovenous malformations (AVMs) are characterized by an abnormal communication between the arterial and venous systems and may be either acquired or congenital [2]. Acquired AVMs, also known as arteriovenous fistulas (AVFs), are most often caused by trauma or iatrogenic injuries such as surgery or biopsy [2, 9]. Congenital AVMs, the focus of this discussion, are much less common than AVFs, with an overall prevalence of less than 1% in the general population [60]. AVMs are usually asymptomatic until around the third or fourth decade of life, when they may produce symptoms such as hematuria, flank pain, hypertension, or high-output heart failure [60]. A few studies have observed AVMs arising adjacent to hemangiomas and RCCs, possibly secondary to the production of angiogenic factors from these lesions [9].

On ultrasonography, AVMs appear as an area of hypoechoic irregularly-shaped cystic structures, with high-velocity turbid flow on Doppler [61]. CT studies show round or oval masses of vascular density which may show early enhancement of the renal vein and inferior vena cava [60, 61]. In some cases, the CT findings may mimic malignancy such as RCC, ureteral carcinoma, or lymphoma [9]. CT angiography can facilitate visualization of the abnormal tortuous vessels characteristic of AVM [61]. On MRI, numerous convoluted signal voids on T2-weighted images corresponding to the vessels can be seen, with enhancement in the early arterial phase [61, 62]. Catheter angiography is the gold standard for the diagnosis and evaluation of AVMs as it can most accurately demonstrate the vascular anatomy of the lesion, including its arterial supply and venous drainage [62, 63].

AVMs are not commonly encountered as surgical pathology specimens, as they are normally able to be successfully diagnosed radiologically and treated by embolization. The microscopic appearance of renal AVMs is identical to those elsewhere in the body, characterized by abnormally arranged, tortuous thick and thin-walled vessels with no intervening cellular elements, and occasionally with thrombosis [2, 9]. While the histopathologic diagnosis of AVM is usually relatively straightforward, entities which may potentially mimic AVM include angiomyolipoma and hemangioma [9]. Angiomyolipoma also demonstrates abnormal thick-walled vessels (and AVMs may entrap adipose tissue as well); however, it also shows the characteristic radiation of smooth muscle cells from the vessel walls as well as reactivity to melanocytic markers. Hemangioma is usually composed of

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US - ultrasound; CT - computed tomography; MRI - magnetic resonance imaging; ESRD - end-stage renal disease; HTN - hypertension; HF - heart failure; NSE - neuron-specific enolase; RBC - red blood cell; RCC - renal cell carcinoma; SMA - smooth muscle actin.

Arteriovenous Malformation

Arteriovenous malformations (AVMs) are characterized by an abnormal communication between the arterial and venous systems and may be either acquired or congenital [2]. Acquired AVMs, also known as arteriovenous fistulas (AVFs), are most often caused by trauma or iatrogenic injuries such as surgery or biopsy [2, 9]. Congenital AVMs, the focus of this discussion, are much less common than AVFs, with an overall prevalence of less than 1% in the general population [60]. AVMs are usually asymptomatic until around the third or fourth decade of life, when they may produce symptoms such as hematuria, flank pain, hypertension, or high-output heart failure [60]. A few studies have observed AVMs arising adjacent to hemangiomas and RCCs, possibly secondary to the production of angiogenic factors from these lesions [9].

On ultrasonography, AVMs appear as an area of hypoechoic irregularly-shaped cystic structures, with high-velocity turbid flow on Doppler [61]. CT studies show round or oval masses of vascular density which may show early enhancement of the renal vein and inferior vena cava [60, 61]. In some cases, the CT findings may mimic malignancy such as RCC, ureteral carcinoma, or lymphoma [9]. CT angiography can facilitate visualization of the abnormal tortuous vessels characteristic of AVM [61]. On MRI, numerous convoluted signal voids on T2-weighted images corresponding to the vessels can be seen, with enhancement in the early arterial phase [61, 62]. Catheter angiography is the gold standard for the diagnosis and evaluation of AVMs as it can most accurately demonstrate the vascular anatomy of the lesion, including its arterial supply and venous drainage [62, 63].

AVMs are not commonly encountered as surgical pathology specimens, as they are normally able to be successfully diagnosed radiologically and treated by embolization. The microscopic appearance of renal AVMs is identical to those elsewhere in the body, characterized by abnormally arranged, tortuous thick and thin-walled vessels with no intervening cellular elements, and occasionally with thrombosis [2, 9]. While the histopathologic diagnosis of AVM is usually relatively straightforward, entities which may potentially mimic AVM include angiomyolipoma and hemangioma [9]. Angiomyolipoma also demonstrates abnormal thick-walled vessels (and AVMs may entrap adipose tissue as well); however, it also shows the characteristic radiation of smooth muscle cells from the vessel walls as well as reactivity to melanocytic markers. Hemangioma is usually composed of

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uniform dilated or capillary-sized vessels, in contrast to the irregular tortuous vessels seen in AVM.

Endovascular therapy with selective embolization is the preferred treatment for AVM, as it is minimally invasive and nephron-sparing [60, 63]. Surgical therapy with partial or total nephrectomy is performed for unstable patients or patients with anatomically complex AVMs not amenable to embolization [60].

**Lymphangioma**

Lymphangiomas are benign malformations of the lymphatic system, hypothesized by some to represent a congenital developmental anomaly rather than a true neoplastic process [4]. Most commonly occurring in the neck or axilla, lymphangiomas arising from the kidney are very rare, with about 50 cases reported in the literature [64]. Most cases are diagnosed during childhood or over the age of 40; no particular sex predilection has been observed [4, 65]. Patients may present with flank pain, abdominal mass or hematuria; however, the majority of cases are asymptomatic and discovered incidentally during imaging workup for unrelated causes [4].

Renal lymphangiomas are most often located in the peripelvic region or renal sinus, and not infrequently involve the bilateral kidneys [4]. Ultrasound examination typically shows a hypoechogenic cystic lesion, while CT shows a unilocular or multilocular hypodense cystic mass which may demonstrate peripheral or septal enhancement [65-68]. On MRI, lymphangiomas usually appear hypointense on T1-weighted imaging and hyperintense on T2-weighted imaging with varying degrees of enhancement [66, 67]. The radiologic differential diagnosis includes multilocular cystic RCC (which often shows intense septal enhancement or a solid enhancing nodule) as well as localized cystic disease of the kidney and multilocular cystic nephroma [67, 68].

Macroscopically, lymphangioma appears as a well-encapsulated multiloculated cystic mass containing clear fluid [4, 15]. Histopathologic exam demonstrates numerous thin-walled cystic spaces filled with proteinaceous fluid and lined by flattened bland endothelial cells [9, 15]. These cells stain positively for vascular markers, such as CD31 and Factor VIII, as well as lymphatic markers such as D2-40 [9, 15]. In the kidney, the main differential diagnosis of lymphangioma is with cystic nephroma, which can be distinguished from the former by the presence of ovarian-type stroma and the lack of reactivity to vascular and lymphatic markers on immunohistochemical studies [15].

Management of renal lymphangioma is dependent on the patient’s symptoms and the ability to render a pre-operative diagnosis on imaging studies. Small, asymptomatic lesions do not require treatment and may be observed [4]. If the diagnosis of lymphangioma can be confirmed radiologically, non-surgical methods such as percutaneous or laparoscopic aspiration, or surgical excision, may be considered [65, 67]. Nephrectomy is reserved for more complicated cases and for cases in which lymphangioma was not recognized pre-operatively [66].

**Intravascular Papillary Endothelial Hyperplasia**

Intravascular papillary endothelial hyperplasia (IPEH), also known as Masson’s tumor, is a reactive intravascular proliferation associated with stasis and thrombosis, and which may arise from dilated vessels, pre-existing vascular lesions, or hematomas [9]. IPEH mainly occurs in the skin and soft tissue; solid organ involvement is rare, and only 13 cases of IPEH arising from the kidney have been described in the literature to date [69]. The mean age of occurrence is 49 years, with a male predominance of cases (male-to-female ratio 3:3:1). Cases presented incidentally or with nonspecific symptoms such as flank pain or hematuria [69]. Most lesions were relatively small, with a mean size of 3 cm, and located in the mid-portion or hilar region of the kidney, arising from the renal vein, renal sinus, or vessels in the renal parenchyma [69].

Ultrasound examination of IPEH shows variable echogenicity, and CT demonstrates a heterogeneous mass isodense to the renal parenchyma, frequently with intense peripheral enhancement [69, 70]. On MRI, the lesion is hypointense or isointense on T1-weighted imaging and hyperintense on T2-weighted imaging [70, 71]. Overall, the radiographic features of IPEH in the kidney are nonspecific and often mimic a malignancy with degenerative changes such as necrosis and thrombosis [70].

On gross examination, a well-demarcated hemorrhagic mass with a dark-red to dark-tan cut surface is seen [69, 72]. Microscopically, IPEH is characterized by a well-circumscribed, intravascular proliferation of papillary structures with hyalinized fibrous cores lined by flat to plump endothelial cells lacking nuclear atypia or mitotic activity [9, 69]. In long-standing lesions, the papillae may fuse to form complex anastomotic-like channels reminiscent of angiosarcoma or angiomatous hemangioma [9]. IPEH may be distinguished from these two entities by its primary intravascular growth and its distinctive morphology of hyalinized fibrinous papillary stalks. In addition, unlike angiosarcoma, IPEH is typically well-circumscribed and shows no pleomorphism, mitotic figures, or areas of necrosis [9].

All reported cases of IPEH in the kidney were treated with partial or radical nephrectomy, due to non-specific clinical and radiologic features leading to pre-operative suspicion for malignancy [69]. The prognosis is excellent, with no reports of malignant transformation or metastasis. One case of local recurrence was reported following partial nephrectomy, which was successfully managed with radical nephrectomy [70].

**Miscellaneous Vascular-Related Tumors of the Kidney**

**Hemangioblastoma**

Hemangioblastoma is a rare benign tumor of uncertain histogenetic origin which is associated with von Hippel-Lindau (VHL) syndrome, but more often arises sporadically [73]. The vast majority of hemangioblastomas occur in the central nervous system, particularly the cerebellum, but rare cases in extraneural locations have been documented in reports and small series [73]. Hemangioblastoma arising from the kidney is exceedingly rare, with less than 20 cases reported in the literature, and presents a unique and challenging differential diagnosis due to its classic syndromic association with and morphological resemblance to ccRCC [73-79].

Most renal hemangioblastomas arose in older adult patients, with a mean age of 47 years at diagnosis; no sex predilection has been observed. Over half of the reported cases presented as incidental findings; others presented with back or flank pain, hematuria, or polycythemia (a paraneoplastic syndrome associated with cerebellar hemangioblastoma) [15]. The radiologic features of renal hemangioblastoma remain poorly characterized, with CT studies usually displaying a hypodense solid mass, sometimes with a cystic center, which enhances heterogeneously with contrast administration [73, 74]. These findings are typically highly suggestive of RCC, thus prompting nephrectomy for pathologic examination [74].

Grossly, hemangioblastoma presents as a well-circumscribed, red-brown to gray-white solid mass with variable areas of hemorrhage and possible cavitation [15, 73]. Microscopically, hemangioblastoma is composed of sheets of polygonal cells within a complex network of thin-walled blood vessels [73]. The cells contain abundant pale to eosinophilic cytoplasm with fine vacuoles
of intracytoplasmic lipid imparting a lipoblast-like appearance, and may focally exhibit a pericytomatos growth pattern around ectatic staghorn-shaped vessels [73, 74]. A few cases have documented the presence of scattered brightly eosinophilic globules both within the cells and in the stroma [73, 74]. The neoplastic cells are generally bland-appearing but may show up to moderate pleomorphism with scattered bizarre cells; however, generally no necrosis and only rare mitotic figures are identified [74]. On immunohistochemical studies, reactivity to alpha-inhibin, neuron-specific enolase (NSE), and S100 is characteristically seen [15]. The vascular network is positive for CD34 and negative for GLUT1 (unlike hemangioblastomas in the central nervous system, which are GLUT1-positive) [73]. Notably, several cases have demonstrated focal reactivity to epithelial antigens (such as EMA and AE1/AE3) and RCC-associated antigens (such as PAX8, CD10, and CAIX), which may confound the differential diagnosis with ccRCC [74, 76, 79].

As previously mentioned, the major differential diagnostic consideration is with ccRCC, as both hemangioblastoma and ccRCC are associated with VHL, show similar morphology with clear cells in a rich vascular background, and may show confounding overlapping immunoreactivity with PAX8, CD10, or CAIX. In fact, reports of “RCC with hemangioblastoma-like features” have also been recently described [80]. General characteristics that can help facilitate the distinction between these two neoplasms include the formation of acinar or alveolar structures in ccRCC, and the positivity for alpha-inhibin, NSE, and S100 in hemangioblastoma [74]. Epithelioid angiomyolipoma also often demonstrates sheets of polygonal cells with prominent vasculature; however, typically the cells show granular cytoplasm (in contrast to the finely vacuolated cytoplasm of hemangioblastoma) and characteristic radial arrangement around thick-walled blood vessels [74]. In addition, the cells are positive for melanocytic markers (HMB-45, Melan-A) and negative for alpha-inhibin. Finally, adrenal cortical carcinoma may also be entertained in the differential as the cells also contain vacuolated cytoplasm and demonstrate positivity for alpha-inhibin; however, this lesion typically shows infiltrative growth with vascular invasion and conspicuous mitotic activity, as well as positivity for adrenal markers such as calretinin and Melan-A [73, 75].

As in other sites, hemangioblastoma in the kidney displays benign behavior, and no reports of recurrence or metastasis have been documented [15]. Nevertheless, patients typically undergo nephrectomy due to pre-operative impression of RCC on imaging studies.

Glomus Tumor and Variants

The glomus tumor family is a group of pericytic neoplasms derived from the modified perivascular cells of the glomus body, and includes glomus tumor and its variants, glomangioma and glomangiomyoma [81]. Most cases occur in the distal extremities, with rare cases arising in the visceral organs; approximately 30 reports of renal glomus tumor and variants have been documented in the literature to date [81-88]. Patients presented within a wide age range (8 months to 81 years; mean 53 years) with hematuria, abdominal pain, palpable mass, or asymptomatically with an incidentally detected lesion [81]. Interestingly, several cases were associated with hypertension – including in younger patients – which did not improve with resection [81, 86].

The mean size of renal glomus tumors is 4.2 cm, with reported cases measuring from 1.1 to 16 cm. It usually appears as a heterogeneous, hyperechoic mass on sonographic examination, sometimes with peripheral hyperechoicogenicity and central hypoechochogenicity [87-89]. On CT imaging, a well-demarcated, hypodense heterogeneous mass which shows moderate enhancement with contrast administration is typically seen [87, 89]. Overall, no specific radiologic features have been identified and the findings are often suggestive of RCC, necessitating nephrectomy with histopathologic examination for definitive diagnosis [82, 83].

Macroscopically, glomus tumor appears as a well-demarcated, lobular mass with red-brown to gray-white cut surface and variable amounts of hemorrhage [89]. On microscopic exam, typical glomus tumor consists of solid sheets of lobules of monotonous round to ovoid cells with distinct cell borders, within a network of capillary-sized vascular spaces in a myxoid background [81, 88]. Usually no mitotic activity or nuclear atypia is seen, although some cases displayed synergistic changes with scattered bizarre pleomorphic cells (but without increased mitotic activity) [86, 89]. Glomangiomas additionally display prominent cavernous blood vessels, and glomangiomyomas feature smooth muscle differentiation with fascicles of spindled myoid cells [81, 84, 89]. Immunohistochemically, the cells of glomus tumor and its variants show positivity for SMA, calponin, caldesmon, and muscle-specific actin; some cases also showed focal positivity for CD34 or desmin [81, 86].

Histopathologic characteristics of malignancy in glomus tumors have not been thoroughly established, and are even less well characterized in renal glomus tumors. Cases designated as malignant glomus tumor, glomus tumor with atypical features, or glomus tumor of uncertain malignant potential in the kidney showed worrisome features such as increased mitotic activity (4-10 mitoses per 50 high-power fields), necrosis, moderate cytologic atypia, focal invasion of the renal capsule, and vascular invasion [81, 84, 87, 88]. Of note, one case of malignant glomus tumor lacked these features and the diagnosis was made based on the presence of metastasis at presentation [90]. In 2001, Folpe et al. defined criteria for malignancy in glomus tumors as visceral location, size greater than 2 cm, atypical mitoses, moderate to high nuclear atypia, and greater than 5 mitoses per 50 high-power fields [91]. However, the most recent World Health Organization classification of soft tissue tumors modified these criteria to include only atypical mitoses and marked nuclear atypia; tumors with visceral location and size greater than 2 cm were downgraded to “uncertain malignant potential.” [40].

The differential diagnosis of glomus tumor in the kidney includes juxtaglomerular cell tumor (JGCT), which may show strikingly similar morphology, but classically presents with hypertension and hypokalemia which resolve with resection [81]. In addition, immunohistochemical studies usually demonstrate positivity for CD34 and CD117, and electron microscopy shows the characteristic rhomboid-shaped renin crystals [81]. Other entities which can be considered in the differential diagnosis include neuroendocrine tumors such as carcinoid and paraganglioma (which can have similar nested architecture and uniform cytology), ccRCC (which also may show epithelioid cells with prominent vasculature), and angiomyolipoma (especially with predominant muscular component) [81, 82]. Immunohistochemical studies with neuroendocrine markers, keratins, and melanocytic markers, respectively, can usually resolve these differential diagnoses.

The prognosis of glomus tumors is typically indolent, but tumors with atypical or malignant features can show more aggressive behavior [81]. Of the six documented cases of renal glomus tumor with atypical or malignant features, two developed metastases: one case with widespread metastases to the lung, liver, skin, brain, and small bowel several years after nephrectomy with death from disease 13 years following diagnosis, and another case with metastasis to the spine present at diagnosis and death from disease 6 months post-operatively [84, 90]. Most renal glomus tumors were managed with complete excision via partial or radical nephrectomy; patients with metastatic disease received limited
Myopericytoma

Myopericytoma is a pericytic tumor originating from perivascular myoid cells, most frequently located in the skin and superficial soft tissue of the extremities [93]. Visceral cases are extremely uncommon; only 12 cases of renal myopericytoma have been reported in the literature to date [94-99]. Myopericytoma tends to occur in middle-aged adults (mean age 49 years). Most patients were asymptomatic, while some patients reported symptoms such as palpable mass and flank pain [95]. These tumors were overall larger than myopericytomas of the skin and soft tissue, with a mean size of 5.6 cm compared to less than 2 cm for more superficial tumors [95].

The imaging characteristics of myopericytoma have not been well established. Ultrasound exam demonstrates a well-circumscribed, hypoechoic, heterogeneous mass with prominent vascularity on color Doppler ultrasonography [95]. CT studies usually show a well-demarcated hypodense solid lesion with heterogeneous contrast enhancement, and sometimes peripheral enhancement with central non-enhancement [95, 97, 99]. The overall findings are similar to those of RCC, leading to frequent misdiagnosis on imaging studies [98, 99].

The gross appearance of myopericytoma is typically of a well-circumscribed but non-encapsulated mass with a tan-red to gray-white cut surface [15, 93]. Microscopically, a mass composed of numerous slit-like thin-walled vascular spaces showing a unique concentric proliferation of plump bland-appearing spindle-shaped cells around the vascular lumina is seen [15, 93]. Many tumors also displayed a wide variety of other morphologic patterns, including areas resembling glomus tumor with nests of uniform round epithelioid cells, angioleiomyoma with fascicles of smooth muscle cells, myofibroma with spindled cells arranged around ectatic thin-walled vessels, fibroma with scattered bland spindled cells within an abundant collagenous stroma, or cavernous hemangioma with prominent dilated vascular spaces [94, 99]. While no nuclear atypia, necrosis, or mitotic activity was seen in most cases, one reported case showed symplastic-type atypia and another case displayed mild atypia with an infiltrative border and was diagnosed as myopericytoma of uncertain malignant potential [93, 94]. On immunohistochemistry, myopericytomas demonstrate positivity for SMA, h-caldesmon, and muscle-specific actin; some cases also show weak activity for desmin or CD34 [15, 94].

The differential diagnosis of myopericytoma includes other pericytic tumors such as glomus tumor, and angioleiomyoma, and myofibroma. As described above, many cases of myopericytoma displayed overlapping histologic features with these other lesions, and in fact many believe that these tumors do not represent distinct entities but rather a morphologic continuum of perivascular myoid neoplasms [94]. Nevertheless, only myopericytoma displays the distinctive concentric perivascular growth pattern of neoplastic cells, a feature that can help distinguish it from other pericytic tumors [94]. Angiomyolipoma is also characterized by abundant blood vessels with perivascular arrangement of cells radiating from the vessel walls which may mimic myopericytoma; however, unlike myopericytoma, angiomyolipoma is typically positive for desmin as well as for melanocytic markers [93, 97]. Finally, benign vascular tumors such as hemangioma or anastomosing hemangioma may exhibit variably abundant stroma containing myoid-like spindled cells which are SMA-positive, but this finding should not be over-interpreted as a feature of myopericytoma [94].

Juxtaglomerular Cell Tumor

Juxtaglomerular cell tumor (JGCT) is a rare renin-secreting neoplasm derived from modified smooth muscle cells of the juxtaglomerular apparatus within the walls of the glomerular arterioles [15]. It is now widely recognized as a rare cause of hypertension and secondary hyperaldosteronism, with approximately 170 cases reported in the literature to date [100]. JGCT typically occurs in young adults; it is twice as common in women and has a peak incidence in the second to third decade of life [15, 101]. Most cases present with hypertension and its related symptoms (such as headache, dizziness, nausea and vomiting) along with hypokalemia, but atypical JGCTs (presenting with hypertension and normokalemia) and very rarely, nonfunctioning JGCTs (presenting with normotension and normokalemia) have also been reported [15, 102, 103]. JGCTs tend to be small tumors, with most under 3 cm; the degree of hypertension is not associated with tumor size [15].

On ultrasonography, JGCT appears as a solid hypoechoic mass [103, 104]. CT studies typically show a well-circumscribed, isoattenuating to hypoattenuating cortical-based tumor without significant enhancement on contrast administration; the findings may raise suspicion for RCC or angiomyolipoma, or in the case of isodense non-enhancing tumors, may go completely undetected on CT imaging [100, 103-105]. MRI of JGCTs usually demonstrates isointensity on T1-weighted images and variable hyperintensity on T2-weighted images with mild heterogeneous contrast enhancement [100, 103]. Overall the imaging features of JGCTs are largely non-specific and cannot be distinguished from other solid renal neoplasms [104].

Macroscopically, JGCT presents as an encapsulated lesion composed of white-gray nodules, occasionally with foci of cystic degeneration [15, 102, 103]. On histopathologic examination, a well-circumscribed mass composed of sheets or trabeculae of uniform polygonal cells with a prominent intervening network of thin to thick-walled vascular spaces is seen [15, 103]. Focal areas of hemangiopericytoma-like growth with cells surrounding dilated aniler-shaped vessels may be present; areas of cystic, tubular, or papillary architecture may also be observed [15, 103]. Some cases have shown features such as capsular or vascular invasion and focal moderate nuclear atypia; rare cases of metastatic JGCT have also shown variable amounts of necrosis [103, 106].

On immunohistochemistry, JGCTs are consistently positive for CD34, and are variably positive for CD17, SMA, desmin, and caldesmon [15]. JGCTs also show characteristic reactivity with renin, but renin positivity has also been observed in other renal tumors including RCC, Wilm’s tumor, and oncocytoma (which may also lead to hypertension) so care should be taken to not misinterpret this finding as evidence of JGCT [103, 105]. Electron microscopy demonstrates intracytoplasmic rhomboid-shaped crystals corresponding to the renin proto-granules of the neoplasmic cells [103]. Molecular genetic studies of JGCT have shown variable chromosomal gains and losses; one study demonstrated monosomy 9 in four of six cases, potentially implicating tumor suppressor genes located on chromosome 9 in the pathogenesis of this tumor [107].
The histopathologic differential diagnosis of JGCT includes glomus tumor, which mimics JGCT closely morphologically but usually contains more abundant myxoid or edematous stroma [103, 107]. In addition, glomus tumor is generally negative for CD34, CD117, and renin on immunohistochemistry. Solitary fibrous tumor (SFT) may also be considered, especially as JGCT often features SFT-like areas of pericytomatous growth; however, SFT does not exhibit the polygonal cells of JGCT and, while CD34-positive like JGCT, SFT has a different overall immunoprofile (CD117 and renin-negative; STAT6, CD99, and BCL2-positive) [103, 107]. Other entities which may enter the differential diagnosis include angiomylipoma, metanephric adenoma, and papillary RCC (especially for JGCTs showing prominent papillary architecture) [103].

The mainstay of management of JGCT is complete tumor resection, which usually leads to normalization of blood pressure and renin levels [103]. Most JGCTs display benign behavior, but nevertheless patients can experience significant morbidity and complications related to hypertension including retinopathy, congestive heart failure, renal failure, intestinal ischemia, and brain hemorrhage [101, 103, 105, 106]. Three cases of metastatic JGCT have been reported; two cases documented bilateral renal metastasis and one case documented synchronous liver and spleen metastasis at presentation [102, 106, 108]. All three patients were still alive at last reported follow-up (up to 3 years); one patient received several different chemotherapeutic regimens with progression of disease, suggesting that chemotherapy does not appear to provide clinical benefit in the management of these cases [106].

Conclusions

Renal vascular tumors represent a heterogeneous group of neoplasms with a wide array of morphologic characteristics and divergent clinical behavior ranging from benign and indolent to overtly malignant and aggressive. Due to their relative obscurity in comparison to epithelial tumors such as RCC, they are often not considered as diagnostic possibilities and are therefore underrecognized on histopathologic exam. In addition, common renal tumors such as RCC also show a prominent associated vascular proliferation, thus creating increased difficulties in the diagnosis of true vascular-derived neoplasms. Furthermore, on radiography, vascular tumors are often indistinguishable from RCC, leading to potentially unnecessary nephrectomies in the case of benign tumors for histopathologic diagnosis. Future studies of the imaging characteristics of vascular tumors, particularly the specific features of benign vascular tumors, can facilitate an accurate pre-operative diagnosis and spare patients unnecessary nephrectomies. In addition, the management of malignant vascular tumors following nephrectomy is still controversial and not well established in many cases. Therefore, more experience in treating these cases with close, long-term clinical follow-up is needed. Overall, more refined and comprehensive characterization of the distinguishing histopathologic features, imaging findings, and potential therapeutic modalities for renal vascular lesions will lead to future advancement and optimization in the diagnosis and treatment of this group of tumors.

Ethical policy

No research involving experimentation on human or animal subjects was conducted.

Author contributions

MSL performed the literature review and wrote the manuscript. JYR conceived the project and directed the organization and content of the manuscript. All authors read and approved the final manuscript.

Competing interests

All authors declare no competing interests.

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